How to Make a Good Scientific Presentation

Chawetsan Namwat MD., MPH., FETP.

Director of BTB

Outline

- What the presentation is
- Your presentation
- Oral presentation and the powerpoint
- Tips for other program used in presentation
 - Excel
 - PDF
 - ...
- Tips for poster presentation

What the "Presentation" Is

- A kind of communication
- With / without visual aid
- Explaining, or demonstrating topics ,
 +answering the questions
- Various objectives: scientific, marketing, daily living, etc.
- Presentation ≠ Powerpoint
- Powerpoint is a popular presentation software

Making PowerPoint Slides

Avoiding the Pitfalls of Bad Slides

Slide courtesy of Dr. Achara Teeraratkul And Dr Ram Rangsin

Tips to be Covered

- Outlines
- Slide Structure
- Fonts
- Colour
- Background
- Graphs
- Spelling and Grammar
- Conclusions
- Questions

Outline Slide

- Make your 1st or 2nd slide an outline of your presentation
 - Ex: previous slide
- Follow the order of your outline for the rest of the presentation
- Only place main points on the outline slide
 - Ex: Use the titles of each slide as main points

Slide Structure – Good

- Use 1-2 slides per minute of your presentation
- Write in point form, not complete sentences
- Include 4-5 points per slide
- Avoid wordiness: use key words and phrases only

Slide Structure - Bad

• This page contains too many words for a presentation slide. It is not written in point form, making it difficult both for your audience to read and for you to present each point. Although there are exactly the same number of points on this slide as the previous slide, it looks much more complicated. In short, your audience will spend too much time trying to read this paragraph instead of listening to you.

Slide Structure – Good

- Show one point at a time:
 - Will help audience concentrate on what you are saying
 - Will prevent audience from reading ahead
 - Will help you keep your presentation focused

Slide Structure - Bad

Do not use distracting animation



Do not go overboard with the animation

Be consistent with the animation that you use

Fonts - Good

- Use at least an 18-point font
- Use different size fonts for main points and secondary points
 - this font is 24-point, the main point font is 28-point,
 and the title font is 36-point
- Use a standard font like Times New Roman or Arial

Fonts - Bad

- If you use a small font, your audience won't be able to read what you have written
- CAPITALIZE ONLY WHEN NECESSARY. IT IS DIFFICULT TO READ
- Don't use a complicated font

ชนิดตัวอักษรไทย

\checkmark	Freesia	
•		

✓ Cordia New

✓ Cordia UPC

✓ Dillenia UPC

✓ Tahoma

Angsana New

กขคง การทำงาน 24 ชั่วโมง

Size 28 ตัวหนา

ชนิดตัวอักษรไทย

- √ FreesiaUPC
- ✓ Cordia New
- ✓ Cordia UPC
- ✓ Dillenia UPC
- ✓ Tahoma
- Angsana New

กขคง การทำงาน 24 ชั่วโมง

กของ การทำงาน 24 ชั่วโมง

Size 36 ตัวหนา

Colour - Good

- Use a colour of font that contrasts sharply with the background
 - Ex: blue font on white background
- Use colour to reinforce the logic of your structure
 - Ex: light blue title and dark blue text
- Use colour to emphasize a point
 - But only use this occasionally

Colour - Good

Text on Background

- Black on white
- Dark blue on white
- White on dark blue
- Yellow on dark blue
- White on black
- ...

Basic Rules I

- Typo errors are not acceptable
- For high power LCD projectors use light background and dark letters
- For *low power* LCD and Slide, dark background and light letters are better.
- Dark blue background and yellow or white letter are widely used

Colour - Bad

- Using a font colour that does not contrast with the background colour is hard to read
- Using colour for decoration is distracting and annoying.
- Using a different colour for each point is unnecessary
 - Using a different colour for secondary points is also unnecessary
- Trying to be creative can also be bad

Background - Good

- Use backgrounds such as this one that are attractive but simple
- Use backgrounds which are light
- Use the same background consistently throughout your presentation

Background - Bad

Avoid backgrounds that are distracting or difficult to read from

Always be consistent with the background that

you use



Graphs - Good

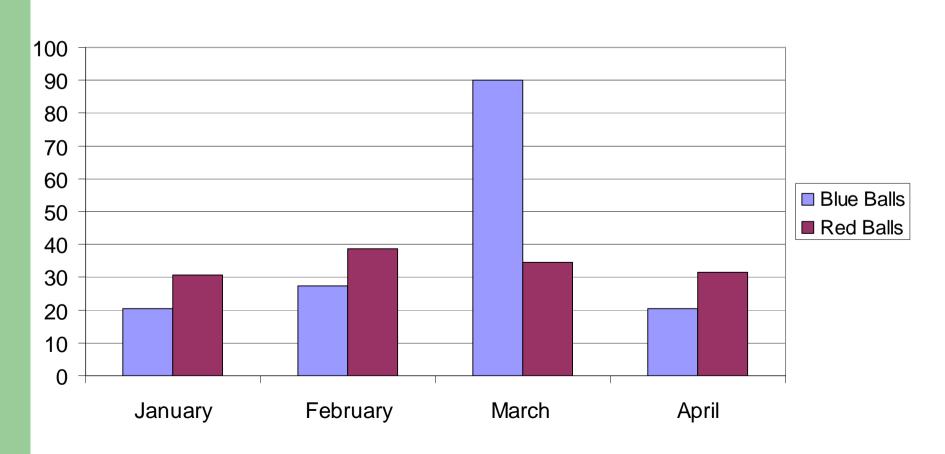
- Use graphs rather than just charts and words
 - Data in graphs is easier to comprehend & retain than is raw data
 - Trends are easier to visualize in graph form
- Always title your graphs

Graphs - Bad

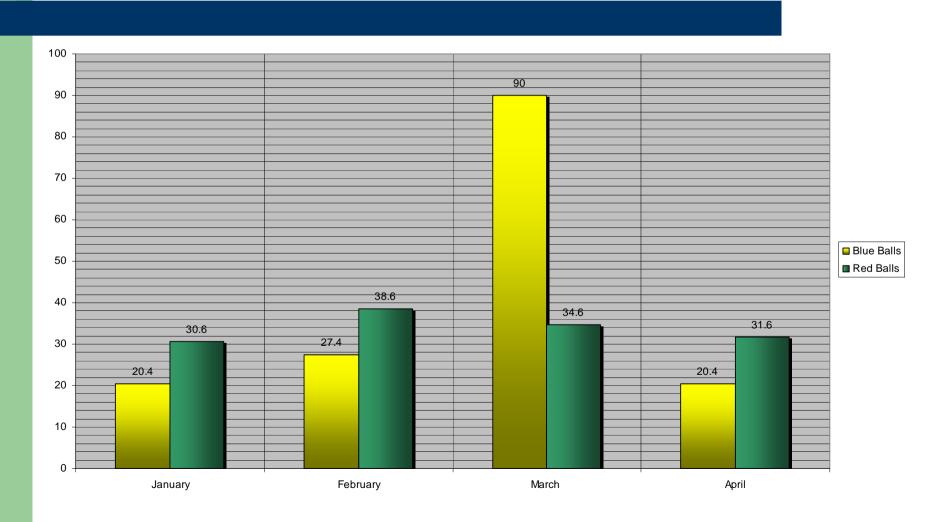
	January	February	March	April
Blue Balls	20.4	27.4	90	20.4
Red Balls	30.6	38.6	34.6	31.6

Graphs - Good

Items Sold in First Quarter of 2002

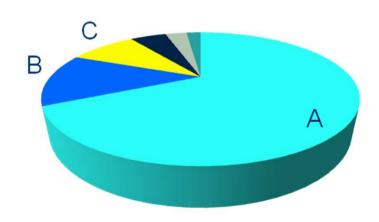


Graphs - Bad



Graphs - Bad

- Minor gridlines are unnecessary
- Font is too small
- Colours are illogical
- Title is missing
- Shading is distracting



Spelling and Grammar

- Proof your slides for:
 - spelling mistakes
 - the use of of repeated words
 - grammatical errors you might have make
- If English is not your first language, please have someone else check your presentation!

Oral Presentations

- Present you recent works to the scientific community within 10 minutes
- Only one main idea is enough
- Stick to your most important point or results and stress that
- Go slowly, clearly

Preparing a Presentation

- Be proud of what you are going to present!! /
 Be confident
- Remember that you are the one who collected the data, so already you know more than anyone in your audience.... so don't be nervous!!!!

Preparing a Presentation

- Readable
- Each slide for one main point
- No more than 6 bullets, each page
- Use graphics and pictures to illustrate your point

Types Of Health Systems And Their Determinant

				1
Economic	Market intervention			
Level (GNP	Entrepreneur	Welfare -	Universal &	Socialist &
Per Capita)	ial	Oriented	Comprehensi	Centrally Planne
Affluent &	& Permission	West	ve	Soviet Union
industrialized	United States	Germany	Great Britain	Czech Republic
		Canada	New Zealand	
Developing &		Japan	Norway	Cuba
Transitional	Thailand	Brazil	Israel	
	Philippines	Egypt	Nicaragua	
Poor	South Africa	Malaysia		China
Resource	Ghana	India	Sri Lunka	Vietnam
Rich	Bangladesh	Burma	Tanzania	
	Nepal	Libya	Kuwait	

Preparing a Presentation

- Not overdo the color effects
- To many fancy colors ruin the presentation
- Consistent use of color
- Consistent use of text style
- * Consistent use of bullet

Disaster Planning

- Consider what could go wrong and plan accordingly.
- Always have a backup.
- Bring a handout that covers all of your slides.
 Make sure they are legible.

Common Components

- Title, Authors, Affiliation
- Motivation & Background
- Materials & Methods
- Results
- Discussion & Conclusion
- Acknowledgements

Introduction

- "A bad beginning makes a bad ending"
- Tell them why you were interested in the study
- How important was the study?
- What will you add more information into the present knowledge?
- Answer the question,
 " Why should I listen to you? "

Materials & Methods

- Type of study
 - Descriptive
 - Cross-sectional / Survey
 - Case-control
 - Cohort
 - Trial
 - Evaluation
- A diagram may be helpful

Results

- Keep it dry
- Tell them only what you have found
- Do not put any idea or discussion in this section
- Tables & Graphs are always helpful

Bad Table

Percentage of Health Insurance Coverage by Scheme, 1991-1998

Coverage, percent					
1991	1992	1995	1996	1997	1998
16.6	35.6	43.9	45.93	45.47	45.06
16.3	20.7	15.5	20.18	19.72	13.45
-	6.2	4.6	5.46	3.83	5.487
_	_	7.1	14.5	14	7.28
-	9	8.9	14.5	14	11.1
0.3	_	0.4	0.23	0.34	0.35
-					5.38
_	_	3	3.33	3.3	3.30
_	_	1.8	1 51	1 79	1.52
_					0.5
10.2	11.3				10.85
10.2	11.5	11	13.1	13.09	10.03
Q 7	0.0	0.6	11 7	11.7	9.42
0.7	9.9	9.0	11.7	11.7	9.42
1.5	1.4	1.4	1 /	1 /	1.43
1.3	1.4	1.4	1.4	1.4	1.43
3.2	4 4	7.3	7.61	7 33	8.47
J. <u>2</u>					8.47
3.2	4.4	7.5	7.01	7.55	0.47
	3.0	0.8	10.4	14.77	13.95
					13.95
			_	14.//	13.95
				20.66	78.33
		- -			
07.1	44.5	28	22.96	19.54	21.67
	16.6	16.6 35.6 16.3 20.7 - 6.2 - 9 0.3 - - - 10.2 11.3 8.7 9.9 1.5 1.4 3.2 4.4 - 4.4 3.2 - 2.9 3.9 1.7 2.3 1.2 1.6 32.9 55.5	1991 1992 1995 16.6 35.6 43.9 16.3 20.7 15.5 - 6.2 4.6 - - 7.1 - 9 8.9 0.3 - 0.4 - - 5 - - 0.6 10.2 11.3 11 8.7 9.9 9.6 1.5 1.4 1.4 3.2 4.4 7.3 - 4.4 7.3 3.2 - - 2.9 3.9 9.8 1.7 2.3 7.8 1.2 1.6 2 32.9 55.5 72	1991 1992 1995 1996 16.6 35.6 43.9 45.93 16.3 20.7 15.5 20.18 - 6.2 4.6 5.46 - - 7.1 14.5 - 9 8.9 14.5 0.3 - 0.4 0.23 - - 5 3.55 - - 1.8 1.51 - - 0.6 0.5 10.2 11.3 11 13.1 8.7 9.9 9.6 11.7 1.5 1.4 1.4 1.4 3.2 4.4 7.3 7.61 - 4.4 7.3 7.61 3.2 - - - 2.9 3.9 9.8 10.4 1.7 2.3 7.8 9 1.2 1.6 2 1.4 32.9 55.5 72 77.04	1991 1992 1995 1996 1997 16.6 35.6 43.9 45.93 45.47 16.3 20.7 15.5 20.18 19.72 - 6.2 4.6 5.46 3.83 - - 7.1 14.5 14 - 9 8.9 14.5 14 0.3 - 0.4 0.23 0.34 - - 5 3.55 5.3 - - 1.8 1.51 1.79 - - 0.6 0.5 0.49 10.2 11.3 11 13.1 13.09 8.7 9.9 9.6 11.7 11.7 1.5 1.4 1.4 1.4 1.4 3.2 4.4 7.3 7.61 7.33 - 4.4 7.3 7.61 7.33 3.2 - - - - 2.9 3.9

What was wrong?

- Too many lines. Limit to six or seven rows of data. If you want to give more details, use a handout.
- Use effective headings with the table.
- Test the table for readability in a realworld setting, e.g., a large lecture hall.

Better Table

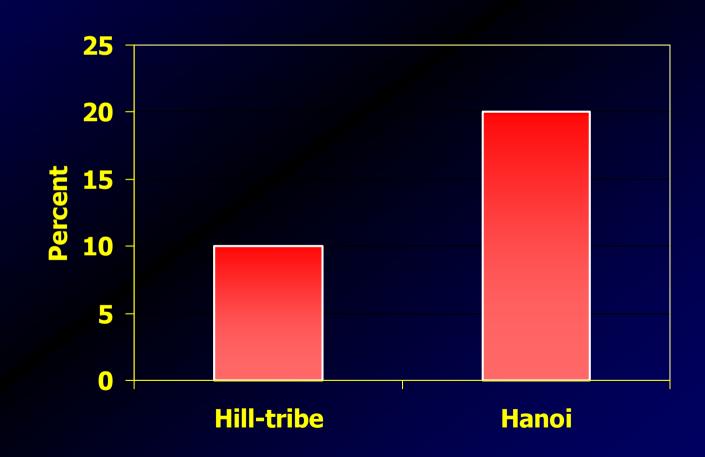
Clinical condition	Number (%)
Wasting syndrome due to HIV	15 (23.1)
Pulmonary tuberculosis	12 (18.5)
Pneumocystis carinii pneumonia	11 (16.9)
Cryptococcal meningitis	11 (16.9)
Chronic diarrhea	7 (10.8)
Penicilliosis	2 (3.1)
Toxoplasmosis of brain	2 (3.1)
Enteric fever	1 (1.5)
Malaria	1 (1.5)
Mycobacterium tuberculosis, lymph nodes	1 (1.5)
Recurrent pneumonia	1 (1.5)
Total	65 (100)

Clinical Condition of AIDS Patients from Medical Records

Prevalence of Hypertension comparing between Hill-tribe and Hanoi area, 2001

Area	HT Prevalence %
Hill tribe	10
Hanoi	20

Prevalence of Hypertension comparing between Hill-tribe and Hanoi area, 2001



Graph is usually easier to understand than table

Discussion & Conclusion

- The most important part
- What is the meaning of your results?
- Show the relationship among observed facts
- What is your limitation?
- Comparison to the previous studies
- What is the implication of your work?

Discussion & Conclusion

State your conclusions as clearly as possible!!!

Acknowledgement

- Thank everyone that make your works possible
 - Provide works
 - Provide ideas
 - Provide grants

Conclusion

- Use an effective and strong closing
 - Your audience is likely to remember your last words
- Use a conclusion slide to:
 - Summarize the main points of your presentation
 - Suggest future avenues of research

Questions??

- End your presentation with a simple question slide to:
 - Invite your audience to ask questions
 - Provide a visual aid during question period
 - Avoid ending a presentation abruptly

Other Tips

Tips for other program used in presentation

Demonstration

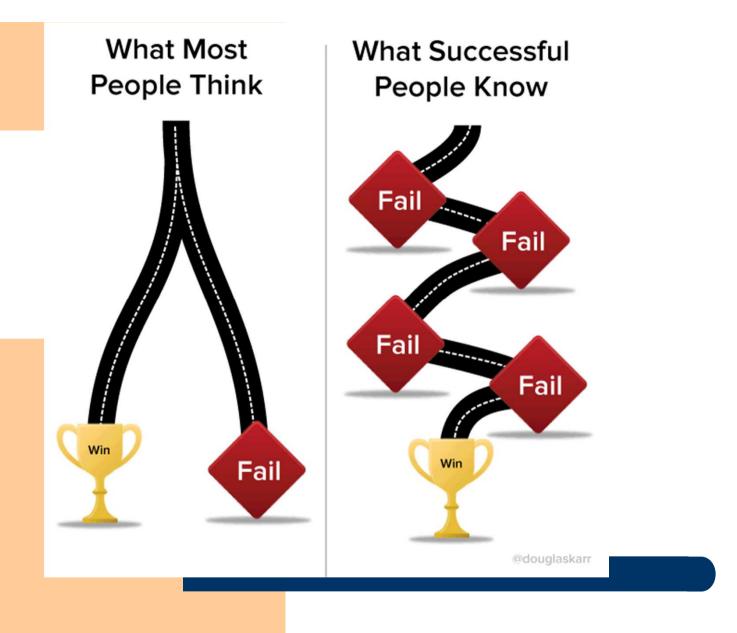
- Powerpoint: export to word, advanced saving & option
- Excel:
 - best way of copy & paste(Ctrl+drag), paste link
 - Using excel in presentation (zoom, multiple panes, link locations)
- Zoomit
- PDF: getting text, table, object

Poster Presentation

- Experience sharing
 - Objectives of poster presentation: clearly self explained, convincing
 - Size and style: portrait or landscape***[IMPORTANT]
 - Follow the topic guideline: background, method, ...
- How to get the scholarship for a conference

Conclusion

- Presentation
 - Tell what you will say, Say it, and Tell what you said
 - Well prepared with rehearsal
 - Good AV support and clear explaination
- Adjusted to the audiences, place, & time
- เนื้อหาดี มีสื่อพร้อม ซักซ้อมจนมั่นใจ



Thank You