



Writing a Press Release

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 **DATA FOR
HEALTH INITIATIVE**

What is a press release?

- **Definition:** Official announcement or summary to the media
- **Primary goal:** **Convince** reporter that your story is worthwhile
- **Secondary goal:** **Inform** media about an event, finding or other information of interest
- **Attributes of a good press release:**
 - Accurate and timely information
 - Well-written (clear and easy-to-understand language)
 - Short (about 1 page)

Why are press releases important?

- The media are an effective way to disseminate your message
- They have their own biases and agenda
- You have little/no control over what/how they write
 - Press release gives you some control over your message

IMPORTANT

- You must have a clear SOCO
- Write one only if you have a story to tell
 - The story is NOT that you finished a report or have some data
 - The story is what the report has to say or the story the data tell

What is a SOCO?

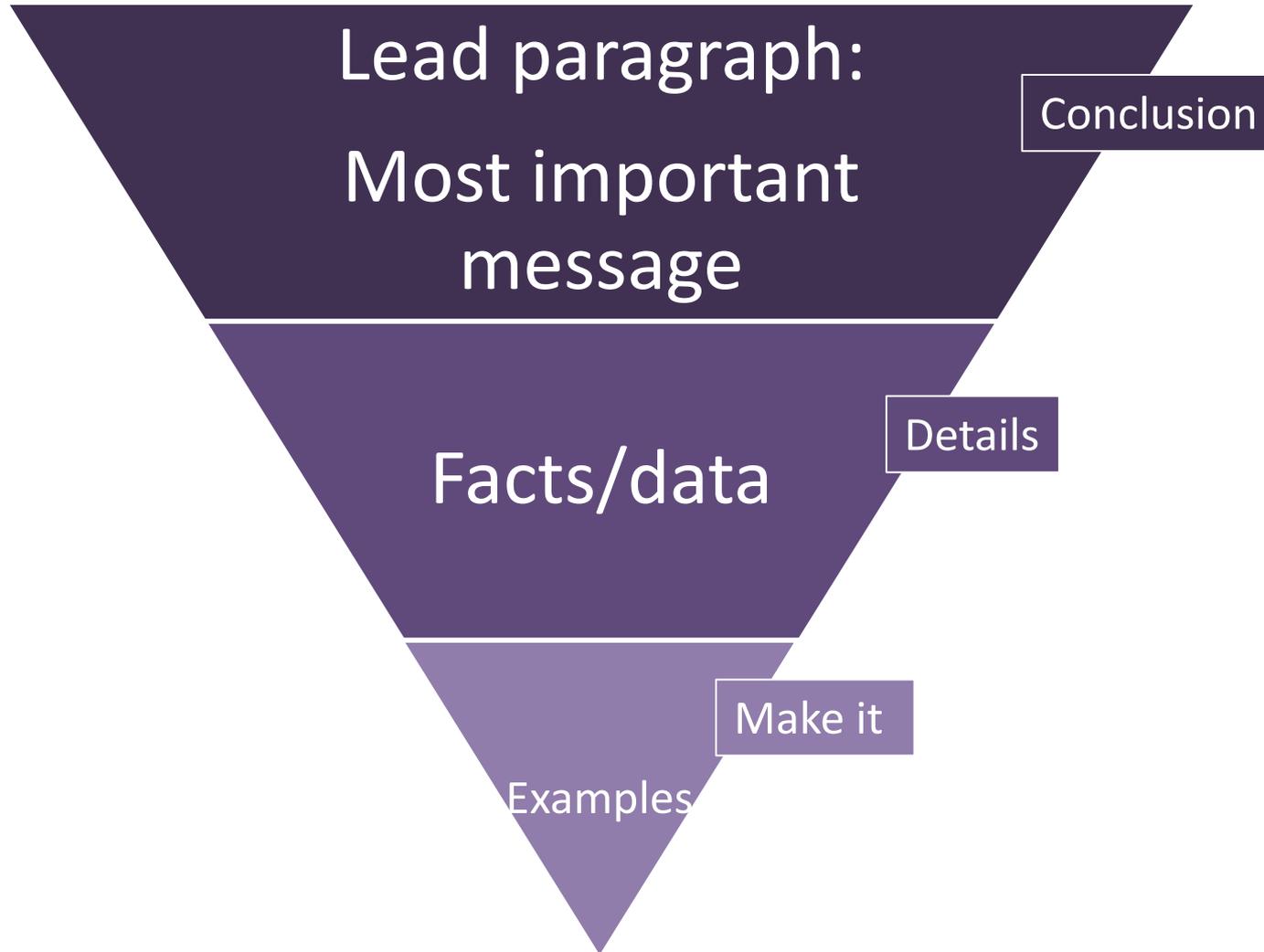
- SOCO = Single Overriding Communication Objective
 - Also called the bottom line, key message
- Goal:
 - Convince them your story is important
 - Convince them to talk about it
- What you want them to know
- Make it short and forceful

SOCO = Single Overriding Communication Objective

Components of a press release

- Letterhead/logo
- Your contact information
- For immediate release OR embargoed until...
- Heading and subheading with **strong action** verbs
- Dateline (date, city, region where press release is released)
- First paragraph: answers who, what, why and where
- Clear SOCO
- 1 or 2 good, brief quotes
- ###: indicates the end of the press release

Use the inverted pyramid



How to write the press release

- Lead (1st paragraph)
 - **Goal:** attract the reader
 - Contains few numbers
 - Has key message/conclusion
 - No more than 35 words, 2-3 short sentences, 3-4 lines
- Body (rest of press release)
 - **Goal:** provide details of the issue or report
 - Arranged in order of importance (most to least)
- Headline (see next slide)
 - **Goals:**
 - Motivate reader to read article
 - Solve a problem or answer a question

Attributes of a headline

- Is factually correct
- Is informative (not descriptive), catchy, interesting
 - **NO:** New report released today **YES:** HIV-related deaths fall by 20% in 2020
 - **NO:** The magnitude of opioid addiction **YES:** Opioid addiction at an all time high
- Uses active voice and strong, concrete, short action verbs, in present tense, preferably
- Does not use jargon
- Uses key terms from article
- Uses numbers, if appropriate



Headline: use what, who, when, where

Lusaka Times headlines:

-
-
-
-
-

Five horizontal grey bars representing placeholder text for Lusaka Times headlines.

New York Times headlines:

-
-

Two horizontal grey bars representing placeholder text for New York Times headlines.

Perform the TACT test on the headline:

Taste-Attractiveness-Clarity-Truth

- Is it in good **taste**?
 - Is there anything possibly offensive or that can be taken the wrong way?
- Is it **attractive** to the reader?
 - Can it be improved to be more engaging and interesting, without sacrificing accuracy?
- Does it **clearly** communicate the key points?
 - Is it clear and simple? Does it use active voice/active verbs? Is it jargon-free?
- Is it **true**?
 - Is it factually correct?

If NO, then rework headline

1: Press release checklist: WRITE

- **Write in 3d person.** Unless using a direct quote
- **Write for your readers.** Take a walk in their shoes to understand their perspectives and concerns
- **Be brief.** One page (400-500 words)
- **Get to the point.** Make your point clearly, remove words, and approaches that don't help clarify your point immediately
- **Keep adjectives to a minimum.** They are distracting and difficult to read
- **Stay objective.** The more factual and unbiased, the better
- **Eliminate jargon.** It makes your press release difficult to understand and inaccessible for many readers
- **Proofread and edit carefully.** This avoids costly errors and makes your release look more professional

Tell them...

WHEN



WHERE



WHO



WHAT



HOW



WHY

2: Press release checklist: DISSEMINATE

- **Share your release.** Share it with local media outlets. You'll enjoy a better ROI and it will get more attention
- **Follow-up by phone or email.** This personal touch can help cement your press release on a journalist's radar and make it easier for them to remember
- **Include your contact information.** It may generate further interest – make it easy for the press to find you

3. Press release checklist: THINK WEB

- **Include relevant keywords.** These should be searchable and relevant to the topic
- **Don't overdo the keywords.** It gives your press release a spammy, dense feeling. Don't overdo it or you risk turning your readers off.
- **Use multimedia.** Elements like videos or images can enhance your press release. Use them sparingly, so as not to overwhelm the text

Your turn: Write a press release



- Read the article given to you and write a 1-page press release
- Do not forget the headline and the subheadline
- Make sure the headline passes the TACT test
- Add keywords for the web